

# Fresh Approach Dining - Breakfast



## Lighter Bites

**All our toast is served buttered unless requested otherwise**

Portion of regular toast brown or white (2 slices) **£1.75**

Doorstop thick cut toast granary or white (1 slice) **£1.65**

Portion of medium granary (2 slices) **£2.15**

Toasted teacake **£2.25**

Granola - oat, fruit and chai seed clusters on greek yoghurt, with fresh berries, berry compote and maple syrup (contains nuts) **£4.95**

Porridge - jumbo rolled oats cooked in milk, vanilla and maple syrup topped with fresh berries and granola (Granola contains nuts) **£4.95**

Bacon, sausage or eggs on herb focaccia / toast (Three rashers of bacon or Three pork sausages or two eggs of your choice) **£5.45**

Crushed avocado and poached eggs on sourdough toast **£6.95**

**Add maple glazed bacon £1.00**

## Stacked Pancakes

A stack of 3 or 5 scotch pancakes with your choice of toppings below **3 / 5**

Smoked streaky bacon and maple syrup **£5.95 / £6.95**

Sugar and lemon juice **£4.95 / £5.95**

Blueberry compote, caramelised banana and mascarpone **£5.95 / £6.95**

**Add extra bacon or blueberry compote £1.50**

## Hot from our Kitchen

**Big Bents Breakfast £10.95**

Two rashers of unsmoked prime back bacon, two Honeywell's pork sausages, one free range egg, two hash browns, roasted whole tomato, sautéed mushrooms, Heinz baked beans and a slice of granary toast

**Bents Breakfast £8.95**

One rasher of unsmoked prime back bacon, one Honeywell's pork sausage, one free range egg, roasted whole tomato, sautéed mushrooms and a slice of granary toast

**Vegan Breakfast £9.45**

Two vegan quorn sausages, roasted tomato, sautéed mushrooms, Heinz baked beans, two hash browns and a slice of granary toast

**Add crushed avocado £10.95**

**Smoked Salmon and Scrambled Eggs £8.95**

Our locally sourced free range scrambled eggs with one slice of medium granary toast and fresh smoked salmon

**Add grilled bacon £9.95**

**Omelette Breakfast £8.95**

Three freshly cooked free range egg omelette served with two rashers of bacon or two Honeywell's pork sausages, whole roasted tomato, and sautéed mushrooms

## Children's Breakfast

Freshly prepared children's cooked Bents breakfast which consists of the following; **£5.95**

Honeywell's pork sausage/Vegan sausage or unsmoked back bacon, Heinz baked beans, scrambled egg and a slice of white or granary buttered toast.

# Fresh Approach Dining - Hot & Cold Drinks



## Hot Drinks

### Speciality Coffees

	regular	large
Cappuccino	<b>£3.15</b>	<b>£3.65</b>
Latte	<b>£3.15</b>	<b>£3.65</b>
Café au Lait	<b>£3.15</b>	<b>£3.65</b>
Mochaccino	<b>£3.55</b>	<b>£3.95</b>
Mocha	<b>£3.55</b>	<b>£3.95</b>
Americano		
served black unless requested otherwise	<b>£2.95</b>	<b>£3.15</b>
Bents Style Flat White	<b>£3.15</b>	
	single	double
Espresso	<b>£2.05</b>	<b>£2.35</b>
Bents Style Macchiato	<b>£2.05</b>	<b>£2.35</b>

### Filter Coffee

	regular	large
Bents Filter Coffee	<b>£2.35</b>	<b>£2.95</b>

### Tea

Pot of Yorkshire Tea		<b>£2.45</b>
Speciality Tea		<b>£2.75</b>

### Hot Chocolate

Hot Chocolate	<b>£3.25</b>	<b>£3.75</b>
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### Babycino - Plain

Soya Milk or Almond Milk is available upon request

**£1.05**

Complement any of our coffees with:

Whipped cream	<b>55p</b>
Flavoured syrup	<b>65p</b>
Cream or marshmallows for your Hot Chocolate	<b>30p each</b>

## Cold Drinks

All drinks are available chilled from the fridge

### Frobisher bottled drinks range

**£2.95**

Ginger and juniper  
Raspberry and Rhubarb  
Apple and Elderflower

### Juice

Cloudy apple juice	<b>£2.95</b>
Freshly squeezed orange juice	<b>£2.95</b>

### Bottled Water

Still or Sparkling 330ml	<b>£2.05</b>
Still Water 750ml	<b>£3.75</b>

Coca Cola and Diet Coca Cola

**£2.65**

### Children's Drinks

Fruit based Drinks	
Apple, orange, blackcurrant or unicorn	<b>£1.95</b>
Water	<b>£1.20</b>
Cold milk	<b>£1.50</b>

### Alcoholic Drinks (available from 10.30am)

Single serve wine - Oliver & Greg's (187ml)	
Pinot Grigio, Chardonnay or Sauvignon Blanc	
Cabernet Sauvignon, Merlot or Rosé	<b>£5.45</b>
Chilled Bottled Beer	
Peroni Nastro or Sol Cerveza	<b>£4.25</b>
Spumante Prosecco	<b>£6.95</b>